



CONTACT REFERENCE for
WESTERN GROCERS EMPLOYEE BENEFITS TRUST
800.777.3603 | info@westerngrocerstrust.com

IF YOU ARE AN EMPLOYER AND WOULD LIKE TO JOIN THE TRUST

Contact Tom Newton, Benefits Consultant
503.708.1218 | tomn@westerngrocerstrust.com

FOR ENROLLMENT, ELIGIBILITY, BILLINGS, OR TO ACCESS YOUR PERSONAL RECORDS

Contact Jody Brown, Cypress Benefit Administrators
800.777.3603 | jodyb@cypressbenefit.com

FOR CLAIMS QUESTIONS or PRE AUTHORIZATIONS

Cypress Benefit Administrators – Trust Claims Dept.
800.777.3603 | pattib@cypressbenefit.com

TO GET INFORMATION ABOUT OUR PROVIDER NETWORK

- **Aetna:** www.Aetna.com/asa
1-800-872-3862
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INFORMATION ABOUT OUR PHARMACEUTICAL Rx NETWORK

- **OPTUMRx**
Customer Service 1-800.562.6223 | www.optumrx.com
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OUR TRUSTEES

Chris Brown

- Wray's Inc., Yakima WA

Rodney Bird

- Saars Inc., Oak Harbor, WA

Rudy Dory

- Newport Avenue Market, Bend, OR

Tyler Myers

- The Myers Group, Seattle, WA

Joe Ney – Chair

- Unified Grocers (Retired), Bend, OR

Shelley Paul

- Forks Outfitters, Forks Washington

Jim Robinson

- Lincoln Beach Thriftway(Retired), Depoe Bay, OR

Mark Ward

- Jim's Thriftway, Banks, OR



A SNAP SHOT OF WHO'S WHO at
WESTERN GROCERS EMPLOYEE BENEFITS TRUST
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THE SPONSOR

Unified Grocers* is the corporate sponsor of the Trust
*a subsidiary of Supervalu



TRUSTEES

The Trustees are participating employers who oversee all aspects of the Trust to make sure it meets the needs of Members, has adequate benefits, approve rates, and oversee the Trusts financial performance.



GENERAL MANAGER

Ross Dwinell manages the Trust at the direction of the Trustees. He has worked with the Trust since its inception in 1979.



STATE OF OREGON

Regulates the Trust to make sure it is conducting its business within the insurance code as a self-insured MEWA, remains financially stable and provides regulatory reports to Washington and Alaska.



CYPRESS BENEFIT ADMINISTRATORS

Cypress is the Trust's Administrator and they manage Customer Service, Enrollment, Billings, Claims Processing, and Financial Reporting for the Trust.



AETNA

Aetna is a nationwide Provider Network who negotiates discounted prices with providers and manages pricing adjustments prior to claim payment.



OPTUMRx

A Pharmaceutical network to obtain discounts and mail order services for member prescriptions.



ProHealth Advisors

Provides confidential physician consulting via telephone and email to help manage difficult chronic conditions.